



# TAEKWONDO COUNCIL UK

## Adult Safeguarding Policy

V10.0 – April 2024

Version	Author	Date	Review Date
1	TCUK	April 2024	April 2025

## Introduction

Taekwondo Council UK is committed to safeguarding the well-being and safety of adults who participate in Taekwondo activities. This policy outlines our approach to safeguarding adults at risk, providing guidelines to prevent, recognise, and respond to abuse, neglect, and exploitation.

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## 1. Purpose

The purpose of this policy is to:

- Ensure compliance with UK legislation, including the Care Act 2014, the Mental Capacity Act 2005, and other relevant safeguarding regulations.
  - Provide clear guidelines and procedures for safeguarding adults at risk who participate in Taekwondo activities.
  - Define the roles and responsibilities of all individuals involved in Taekwondo Council UK in safeguarding adults at risk.
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## 2. Scope

This policy applies to all members, staff, volunteers, coaches, and anyone working on behalf of Taekwondo Council UK, regardless of their role, in safeguarding adults at risk.

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## 3. Definitions

- **Adult at Risk:** A person aged 18 or over who is, or may be, in need of care and support services due to mental or physical disabilities, age, illness, or other factors, and who may be unable to care for themselves or protect themselves from abuse, neglect, or exploitation.
  - **Safeguarding:** The actions taken to protect adults at risk from harm, abuse, neglect, and exploitation.
  - **Adult Protection:** Specific actions that aim to prevent abuse or neglect and ensure the safety and well-being of adults at risk.
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## 4. Legal Framework

Taekwondo Council UK is committed to complying with the following UK legislation and guidance:

- **Care Act 2014:** Establishes the duty of local authorities to promote the well-being of adults in need of care and support, and to safeguard adults at risk of abuse or neglect.
  - **Mental Capacity Act 2005:** Provides a framework for making decisions on behalf of adults who lack capacity to make decisions themselves, ensuring that decisions are made in their best interests.
  - **Safeguarding Vulnerable Groups Act 2006:** Aims to prevent unsuitable individuals from working with vulnerable adults and children.
  - **Working Together to Safeguard Adults 2018:** Provides guidance on how organisations should work together to safeguard adults at risk, and outlines the roles of statutory and non-statutory agencies in protecting adults.
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## **5. Safeguarding Procedures**

### **5.1. Recognition and Response**

- All members, staff, volunteers, and coaches should be trained to recognise the signs of abuse, neglect, and exploitation of adults at risk.
- Any concerns regarding the safety or well-being of an adult at risk must be reported immediately to the designated Safeguarding Officer.

### **5.2. Risk Assessment and Support**

- Risk assessments should be carried out to identify and mitigate potential risks to adults at risk participating in Taekwondo activities.
- Adults at risk should be supported to participate in activities in a safe and supportive environment, ensuring their individual needs are taken into account and they are empowered to take part to the fullest extent possible.

### **5.3. Confidentiality and Consent**

- Information regarding adults at risk should be treated confidentially and shared only on a need-to-know basis, in accordance with data protection laws (including the Data Protection Act 2018 and the UK GDPR).
- Consent should be obtained from adults at risk for the sharing of information or involvement in any decisions about their care and participation in activities. Where applicable, support should be sought for those who lack capacity to make decisions.

### **5.4. Reporting Concerns**

- Any concerns about the welfare of an adult at risk should be reported immediately to the designated Safeguarding Officer.
  - Concerns will be documented and dealt with according to local safeguarding procedures, which may involve contacting the relevant authorities such as local adult safeguarding boards or the police.
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## **6. Prevention Strategies**

- Promote a culture of respect, dignity, and inclusion within Taekwondo Council UK, where adults at risk feel valued and supported.
  - Provide safeguarding training to staff, volunteers, and coaches, raising awareness of signs of abuse and how to respond appropriately to safeguard adults at risk.
  - Encourage an environment where all participants feel able to raise concerns without fear of retaliation or discrimination.
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## **7. Communication and Review**

- This policy will be communicated to all members, staff, volunteers, and coaches, and will be made publicly available on the Taekwondo Council UK website.
- Regular reviews of the policy will be carried out to ensure compliance with up-to-date legislation and best practice.

- Feedback from adults at risk, their carers, and relevant stakeholders will be sought to improve safeguarding practices.
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## **8. Contacts**

- TCUK Safeguarding Team: [safeguarding@tkdngb.co.uk](mailto:safeguarding@tkdngb.co.uk) | 0121 271 0887
  - Local Authority Safeguarding Adults Team: [Refer to your Local Authority's website for contact details]
  - Emergency Services: 999
  - Action on Elder Abuse Helpline: 0808 808 8141
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## **Conclusion**

Taekwondo Council UK is dedicated to ensuring that adults at risk are safeguarded from harm, abuse, neglect, and exploitation while they participate in Taekwondo activities. By adhering to this safeguarding policy and complying with UK legislation, we aim to provide a safe and supportive environment for all individuals involved in Taekwondo, ensuring they can participate in activities with confidence and security.